Preparing for Surgery

Pre Op

- You will receive a Pre Op appointment date
- At your Pre Op you will meet with your physician
- You may be examined again, but here you will have the opportunity to discuss what surgery you will be having and for you to ask questions
- Risk of surgery will be discussed
- Once you finish with your physician, you will have all necessary lab work, chest X-ray, EKG, and meet with anesthesia at the hospital where your scheduled surgery will be performed

Post Op

- If you are discharged with a catheter, call for an appointment in one (1) week. Please let the person know who is scheduling that you have a catheter
- If you do not have a catheter, please make a follow-up appointment in six (6) weeks
- If you have bleeding heavier than a normal period, or you need to change pads more frequently than one (1) per every three (3) hours, or you become short of breath or lightheaded (pass out), please call 502-588-4400

What to expect:

- Pain medications may cause itching. You may take Benadryl to help
- If no relief, call your doctor
- Pain medications will constipate you
- Take Colace, milk of Magnesium and/or Metamucil
- Try to avoid enemas
- It is not unusual to not have a bowel movement for up to seven (7) days after surgery
- Call if you have nausea, vomiting, distension of abdomen or severe pain and have not had a bowel movement
• Do not be afraid to take pain medications as it is more important that you are not in severe pain after surgery

• Surgery will NOT be painless

When should you call us?

• Call if you are uncertain about whether or not you should call

• Call if your temperature is greater than 101 degrees

• Call for bleeding greater than one (1) pad every 2-3 hours if it continues greater than three (3) pads

• Call for nausea, vomiting, continued diarrhea, severe abdominal or vaginal pain