

Preparing for Surgery

Pre Op

- You will receive a Pre Op appointment date
- At your Pre Op you will meet with your physician
- You may be examined again, but here you will have the opportunity to discuss what surgery you will be having and for you to ask questions
- Risk of surgery will be discussed
- Once you finish with your physician, you will have all necessary lab work, chest X-ray, EKG, and meet with anesthesia at the hospital where your scheduled surgery will be performed

Post Op

- If you are discharged with a catheter, call for an appointment in one (1) week. Please let the person know who is scheduling that you have a catheter
- If you do not have a catheter, please make a follow-up appointment in six (6) weeks
- If you have bleeding heavier than a normal period, or you need to change pads more frequently than one (1) per every three (3) hours, or you become short of breath or lightheaded (pass out), please call **502-588-4400**

What to expect:

- Pain medications may cause itching. You may take Benadryl to help
- If no relief, call your doctor
- Pain medications will constipate you
- Take Colace, milk of Magnesium and/or Metamucil
- Try to avoid enemas
- It is not unusual to not have a bowel movement for up to seven (7) days after surgery
- Call if you have nausea, vomiting, distension of abdomen or severe pain and have not had a bowel movement

- Do not be afraid to take pain medications as it is more important that you are not in severe pain after surgery
- Surgery will NOT be painless

When should you call us?

- Call if you are uncertain about whether or not you should call
- Call if your temperature is greater than 101 degrees
- Call for bleeding greater than one (1) pad every 2-3 hours if it continues greater than three (3) pads
- Call for nausea, vomiting, continued diarrhea, severe abdominal or vaginal pain